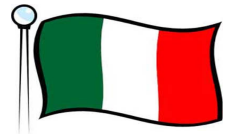


Italian Trattoria RESTAURANT



Join Us @ the Exchange Hotel
Italian Trattoria Restaurant for authentic Italian meals,
as well as all of your traditional pub favourites.
Fresh ingredients, delivered daily, prepared and
cooked to order by our team of talented chefs,
lead by Head Chef Carlo Duca and Sous Chefs
Lisa Maggiacomo and Adam Philp.

Our extensive menu & daily chef specials provide
something for everyone to savour & enjoy
with friends & family.

Monday

Show Us Your Mussels on Mondays!!
All You Can Eat* Chilli Mussels for only \$15 from 6pm.

**Available 6pm- 9:30pm, no take away, per person,
* Subject to stock availability*

Tuesday - Thursday

Kids Eat Free* from 5pm - 6:30pm

** From the kids menu, no take away*

\$10 Lunch Specials

Available Monday - Friday* from 11am - 3pm.

Specials change fortnightly

** Not available on Public Holidays*

House Made Desserts & Crema Coffee

Our Chefs *lurve* desserts! We have a huge selection of
fresh house made, mouth watering desserts.

Available all day & all night.

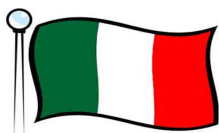
Enjoy them with our gourmet coffee.

Our full menu is available ALL day,
from 11am until late, seven days per week



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BREAD (PANE)

Garlic Bread	\$4.50
Garlic and Cheese Bread	\$4.90
Cheese Bread	\$4.90
Cheese and Bacon Bread	\$4.90
Pesto Parmesan	\$4.90
Selection of Mixed Breads Listed Above	\$5.50
Bruschetta	\$7.90

SALAD (INSALATA) **\$11.50**

Caesar Salad - *Cos Lettuce, Parmesan Cheese, Garlic Crutons, Crispy Bacon, Anchovies & Caesar Dressing*

Greek Salad - *Green leaves, Red Onion, Black Olives, Fetta Cheese, Cherry Tomato, Cucumber and Balsamic Dressing V*

Italian Salad - *Rocket, Spinach, Roasted Capsicum, Sun Dried Tomato, Olives, Spanish Onion, Char Grilled Egg Plant, Parmesan Cheese, Balsamic Dressing V*

Add Chicken OR Char Grilled Marinated Beef to Any Salad + \$3.00
Add Prawns to Any Salad + \$6.00

Anti Pasto Plate Small \$17.00 Large \$22.00

Selection of Cured Meats, Marinated Vegetables, Olives, Pickled Vegetables, Cheese. Served with Crostini. Seafood & Vegetarian available on Request.

SEAFOOD (PESCE DI MARE)

	Entree	Main
Chilli Black Mussels Served with Parmesan Bread	\$11.90	\$17.00
Garlic Prawns (with rice & green vegies) GF, L	\$11.90	\$19.90
Chilli Prawns (with rice & green vegies) GF, L	\$11.90	\$19.90
Pesto Prawns (with rice & green vegies) GF	\$11.90	\$19.90
Salt and Pepper Squid (with chips & salad)	\$11.90	\$17.90
Prawn Cutlets (with chips & salad)	\$11.90	\$17.90
Barramundi Baked in Lemon & Wine, with Chips & Salad GF, L		\$19.90
Tempura Flathead Fillets with Sea-salt and Aioli, with Chips & Salad L		\$19.90
Seafood of the Day		Market Price

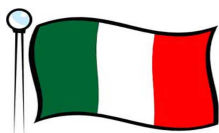
BURGERS SERVED WITH CHIPS **\$9.90**

- Big Kahuna - *Steak, salad, pineapple, beetroot*
- Steak & Salad Burger - *Steak, Fried Mushrooms and a tomato relish*
- Chicken Schnitzel Burger - *(Lunch only)*
- Vegetarian Burger - *(House Made) V*
- Exchange Burger - *Chicken, Avocado, Cheese, Sour Cream & Sweet Chilli*

GF = Gluten Free, V = Vegetarian, L = Lactose Free



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PASTA

Fettuccini, spaghetti, penne and spinach & ricotta ravioli with the following sauces;

	<u>Small</u>	<u>Large</u>
Napoletana - Vegetarian Tomato Sauce ✓	\$9.00	\$11.00
Bolognese - Minced Beef & Tomato Sauce	\$9.00	\$12.00
Vegetarian - Napoli, Vegetables, Garlic, White Wine ✓	\$9.50	\$12.00
Vegetarian as above with Fetta Cheese	\$9.90	\$12.50
Carbonara - Bacon, Onion, Garlic, White Wine, Cream	\$9.90	\$12.90
Boscaiola - Bacon, Shallot, Mushrooms, White Wine, Cream	\$9.90	\$12.90
Chicken Pesto – Chicken, Pesto, Cream, Basil	\$9.90	\$12.90
Putanesca – Italian Vegetables, Anchovies, Chilli, Napoli L	\$9.90	\$12.90
Chicken and Pancetta	\$9.90	\$12.90
Prawns - Tomato, Chilli, Garlic, Pesto, Cream, Shallots	\$14.90	\$19.90
Sicilian – Fresh Seafood, Tomato, Cream, Chilli	\$14.90	\$19.90
House Made Beef Lasagne, Served with Chips and Salad		\$10.90

CHICKEN (POLLO) - (SERVED WITH SALAD & CHIPS)

Chicken Schnitzel		
Plain		\$16.00
Topped with;		
Gravy L		\$16.90
Pepper Sauce (Cream, White Wine & Pepper)		\$16.90
Dianne Sauce		\$16.90
Boscaiola Sauce		\$16.90
Pancetta Rosé (Garlic, Chilli, Basil, White Wine, Tomato & Cream)		\$16.90
Chicken Parmigana – Schnitzel with Napoli & Cheese		\$17.90
Prawns, Garlic & Cream		\$19.90
Char Grilled Chicken Breast Topped with:		
Parmigana (Napoli & Cheese), Served with Char Grilled Egg Plant		\$19.90
Lemon and Rosemary Sauce GF, L		\$19.90
Pan Fried Chicken with Avocado, Prawns, Cheese, in a Cream Sauce		\$21.90

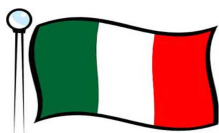
VEAL (VITELLO) – SERVED WITH CHIPS AND SALAD

Veal Scaloppini topped with:		
Garlic, Olive Oil, White Wine, Shallot, Parsley		\$19.90
Mushroom and Cream Sauce		\$19.90
Pancetta & Rosé Sauce (Chilli, Tomato & Cream)		\$21.50
Prawn, Cream and Garlic Sauce		\$24.50
Veal Parmigana - Pan Fried Veal, topped with Char Grilled Egg Plant,		\$21.90
Napoli Sauce, Cheese and Grilled		
Veal Saltimbocca - Pan Fried Veal, topped with Crisp Proscuito, Garlic,		\$21.90
White Wine, Sage, Capsicum Butter Sauce		

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STEAK (BISTECA) - (SERVED WITH SALAD AND CHIPS)

300gm Sirloin OR 350gm T-Bone - Char Grilled to Your Liking No Sauce	\$19.50
Topped with;	
Dianne Sauce	\$21.50
Pepper Sauce (Cream, White Wine & Pepper)	\$21.50
Mushroom and Red Wine Demi Glaze	\$21.50
Cream and Mushroom	\$21.50
Pancetta and Rosé (Chilli, Garlic, Basil, Tomato, Cream)	\$21.50
Prawns, Garlic & Cream	\$23.50
Prawns, Peppercorn & Masala Demi Glaze	\$23.50
Seafood Sauce (Prawns, Octopus, Mussels, Calamari in Garlic, Chilli, Basil, White Wine, Napoli & Cream)	\$24.50

HOUSE MADE PIZZA

Ham and Pineapple with a Tomato Base	\$16.00
Meatlovers Tomato Base, Ham, Bacon with Pancetta, Chorizo, Steak	\$22.00
Chicken , Tomato Base, Chorizo, Capsicum, Shallots, Mozzarella, Bacon	\$21.00
Supreme – The Works!	\$23.00
Vegetarian Olives, Sun Dried Tomatoes, Artichokes, Egg Plant, Roast Capsicum, Zucchini, Roast Pumpkin seasoned with Pesto, Napoli, Basil, Garlic and Parmesan & Mozzarella Cheese	\$20.00

SIDE DISHES (CONTTORNI)

Vegetable Side GF, V	\$4.50
Roast Potato Side GF, V	\$4.50
Mash Potato Side V	\$4.50
Pan Fried Mushrooms in Butter and Garlic Side V	\$6.00
Bowl of Chips (Plain, with Gravy or with Tomato Sauce)	\$5.50
Bowl of Wedges with Sour Cream and Sweet Chilli Sauce	\$7.50

KIDS (BAMBINI'S) (UNDER 10 YEARS OF AGE) **\$9.90**

- Cheese and Tomato Base Pizza
- Chicken Nuggets & Chips
- Fish Pieces & Chips

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COFFEE & TEA

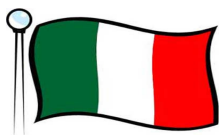
CUP \$3.30 / MUG \$4

Flat White, Cappuccino, Hot Chocolate, Long Black, Short Black,
Mocha, Latte, Chai, Herbal Teas.

Decaffeinated Coffee Available. Soy and Lactose Free Milk Available



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DESSERTS (DOLCI)

HOUSE MADE BY OUR CHEF'S EACH DAY \$7.90

Baked Lemon Cheesecake *Served with a Strawberry Coulis*

Banoffee *A Worldwide Favourite! A Moorish Biscuit Base Tart with Caramel Filling, Topped with Slices of Fresh Banana & Cream*

Cookies and Cream Ice Cream (3 scoops) - One Word "Amazing"

Creme Bruleé *Baked Custard with a Glazed Caramel Crust, served with Biscotti. Originating from France, it translates as "Burnt Cream"*

Lemon Lime Tart *A Luscious Balance of Lemon and Lime*

Panacotta *Cooked & Set Vanilla Cream, served with Strawberry Couli*
Optional - Add a serve of Frangelico (Hazlenut Liqueur) + \$5.80

A traditional Italian dessert that originates from Northern Italy. It is sometimes referred to as Italian Pudding or Italian Cream.

Sticky Date Pudding *Smothered in Butterscotch Sauce*

Tiramisu *A Traditional Italian Layered Cake, Containing Layers of Coffee & Chocolate Soaked Savoiardi Biscuits & Bound in Zabaglione*

Stories are told about how Tiramisu was the favorite of Venice's courtesans, who needed a "pick me up" (the literal translation of "tirami-su") to fortify themselves between their amorous encounters. True? Probably not, but it makes for a colorful history!

**** All Dolci is Served with a Scoop of Ice Cream & Strawberry ****

OTHER SWEETS \$8.90

Affogato *Vanilla Ice Cream with a Serve of Espresso Coffee*
Optional - Add a serve of Amaretto (Italian Almond Liqueur) + \$5.80

Chocolate Rocher Cake Slice *Chocolate Cake with a Layer of Chocolate Mousse and a Hint of Honeycomb*

Vanilla or Chocolate Obsession Ice Cream (3 scoops)

Kids (Bambini) Serve of Ice Cream (\$4)



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